



2022-23 SEATTLE SEAHAWKS SCHEDULE

REGULAR SEASON SCHEDULE

WK	DATE	OPPONENT	TIME (CT)	TV	RESULT
1	Mon, Sep 12	vs Denver	7:15 PM	ESPN/ABC	_____
2	Sun, Sep 18	at San Francisco	3:05 PM	FOX	_____
3	Sun, Sep 25	vs Atlanta	3:25 PM	FOX	_____
4	Sun, Oct 2	at Detroit	12:00 PM	FOX	_____
5	Sun, Oct 9	at New Orleans	12:00 PM	FOX	_____
6	Sun, Oct 16	vs Arizona	3:05 PM	FOX	_____
7	Sun, Oct 23	at LA Chargers	3:25 PM	FOX	_____
8	Sun, Oct 30	vs NY Giants	3:25 PM	FOX	_____
9	Sun, Nov 6	at Arizona	3:05 PM	FOX	_____
10	Sun, Nov 13	vs Tampa Bay *	8:30 AM	NFL NET	_____
11	BYE WEEK				_____
12	Sun, Nov 27	vs Las Vegas	3:05 PM	CBS	_____
13	Sun, Dec 4	at LA Rams	3:05 PM	FOX	_____
14	Sun, Dec 11	vs Carolina	3:25 PM	FOX	_____
15	Thu, Dec 15	vs San Francisco	7:15 PM	Prime Video	_____
16	Sat, Dec 24	at Kansas City	12:00 PM	FOX	_____
17	Sun, Jan 1	vs NY Jets	3:05 PM	FOX	_____
18	Sun, Jan 8	vs LA Rams	TBD	TBD	_____

* Game played at neutral location templatetrove.com