

2025

SEATTLE SOUNDERS FC

	V					
DATE	MATCH			TIME (ET)	HOW TO WATCH	RESULT
SAT, FEB 22	SEATTLE SOUNDERS FC	V	CHARLOTTE FC	10:30 PM	MLS SEASON PASS	
SAT, MAR 1	REAL SALT LAKE	V	SEATTLE SOUNDERS FC	4:30 PM	MLS SEASON PASS	
SAT, MAR 8	SEATTLE SOUNDERS FC	V	LAFC	4:30 PM	MLS SEASON PASS	
SAT, MAR 15	ST. LOUIS CITY SC	V	SEATTLE SOUNDERS FC	8:30 PM	MLS SEASON PASS	
SAT, MAR 22	SEATTLE SOUNDERS FC	V	HOUSTON DYNAMO FC	10:30 PM	MLS SEASON PASS	
SAT, MAR 29	SAN JOSE EARTHQUAKES	V	SEATTLE SOUNDERS FC	10:30 PM	MLS SEASON PASS	
SAT, APR 5	SAN DIEGO FC	V	SEATTLE SOUNDERS FC	10:30 PM	MLS SEASON PASS	
SAT, APR 12	FC DALLAS	V	SEATTLE SOUNDERS FC	8:30 PM	MLS SEASON PASS	
SAT, APR 19	SEATTLE SOUNDERS FC	V	NASHVILLE SC	7:30 PM	MLS SEASON PASS	
SAT, APR 26	COLORADO RAPIDS	V	SEATTLE SOUNDERS FC	9:30 PM	MLS SEASON PASS	
SAT, MAY 3	SEATTLE SOUNDERS FC	V	ST. LOUIS CITY SC	10:30 PM	MLS SEASON PASS	
SAT, MAY 10	HOUSTON DYNAMO FC	V	SEATTLE SOUNDERS FC	8:30 PM	MLS SEASON PASS	
WED, MAY 14	LAFC	V	SEATTLE SOUNDERS FC	10:30 PM	MLS SEASON PASS	
SAT, MAY 17	PORTLAND TIMBERS	V	SEATTLE SOUNDERS FC	9:30 PM	MLS SEASON PASS	
SAT, MAY 24	SEATTLE SOUNDERS FC	V	FC DALLAS	3:00 PM	MLS SEASON PASS	
WED, MAY 28	SEATTLE SOUNDERS FC	V	SAN DIEGO FC	8:30 PM	MLS SEASON PASS	
SUN, JUN 1	SEATTLE SOUNDERS FC	V	MINNESOTA UNITED FC	6:00 PM	MLS SEASON PASS	
SUN, JUN 8	VANCOUVER WHITECAPS	V	SEATTLE SOUNDERS FC	9:00 PM	MLS SEASON PASS	
SAT, JUN 28	SEATTLE SOUNDERS FC	V	AUSTIN FC	10:30 PM	MLS SEASON PASS	
SUN, JUL 6	SEATTLE SOUNDERS FC	V	COLUMBUS CREW	5:00 PM	MLS SEASON PASS	
SAT, JUL 12	SPORTING KANSAS CITY	V	SEATTLE SOUNDERS FC	8:30 PM	MLS SEASON PASS	
WED, JUL 16	SEATTLE SOUNDERS FC	V	COLORADO RAPIDS	9:30 PM	MLS SEASON PASS	
SAT, JUL 19	SEATTLE SOUNDERS FC	V	SAN JOSE EARTHQUAKES	8:30 PM	MLS SEASON PASS	
SAT, JUL 26	ATLANTA UNITED FC	V	SEATTLE SOUNDERS FC	7:30 PM	MLS SEASON PASS	
SUN, AUG 10	LA GALAXY	V	SEATTLE SOUNDERS FC	10:00 PM	MLS SEASON PASS	
SAT, AUG 16	MINNESOTA UNITED FC	V	SEATTLE SOUNDERS FC	8:30 PM	MLS SEASON PASS	
SUN, AUG 24	SEATTLE SOUNDERS FC	V	SPORTING KANSAS CITY	9:00 PM	MLS SEASON PASS	
SAT, AUG 30	SEATTLE SOUNDERS FC	V	REAL SALT LAKE	10:30 PM	MLS SEASON PASS	
SAT, SEP 13	SEATTLE SOUNDERS FC	V	LA GALAXY	8:30 PM	MLS SEASON PASS	
TUE, SEP 16	INTER MIAMI CF	V	SEATTLE SOUNDERS FC	7:30 PM	MLS SEASON PASS	
SAT, SEP 20	AUSTIN FC	V	SEATTLE SOUNDERS FC	8:30 PM	MLS SEASON PASS	
SAT, SEP 27	SEATTLE SOUNDERS FC	V	VANCOUVER WHITECAPS	10:30 PM	MLS SEASON PASS	
SAT, OCT 4	SEATTLE SOUNDERS FC	V	PORTLAND TIMBERS	10:30 PM	MLS SEASON PASS	
SAT, OCT 18	NEW YORK CITY FC	V	SEATTLE SOUNDERS FC	6:00 PM	MLS SEASON PASS	