GROCERY LIST

DAIRY

____ Butter
____ Cheese _____
____ Cheese _____
____ Cheese _____
____ Cottage Cheese
____ Cream
____ Cream Cheese
____ Eggs
____ Half and Half
____ Margarine
____ Milk
____ Whipped Cream
____ Yogurt
____ _____

DELI

____ Cheese _____
____ Meat _____
____ Salad _____
____ _____
____ _____
____ _____

BAKERY

____ Bread
____ Buns _____
____ Bagels
____ _____
____ _____
____ _____

BEVERAGES

____ Alcohol _____
____ Beer
____ Bottled Water
____ Coffee
____ Drink Mixes
____ Kool Aid
____ Energy Drinks
____ Juice/Juice Boxes
____ Lemonade
____ Protein/Diet Shakes
____ Sodas _____
____ Sodas _____
____ Tea
____ Tonic Water
____ Wine
____ _____

MISC. GROCERIES

____ Beans
____ Candy _____
____ Candy _____
____ Cereal _____
____ Cereal _____
____ Chips _____
____ Chips _____
____ Chocolate Chips
____ Cookies _____
____ Crackers
____ Flour
____ Honey
____ Jam/Jelly _____
____ Ketchup
____ Mac N Cheese
____ Mayonnaise
____ Miracle Whip
____ Mustard
____ Oil
____ Olives
____ Pasta _____
____ Peanut Butter
____ Pickles _____
____ Popcorn
____ Rice
____ Salad Dressing _____
____ Salt
____ Sauce, Pasta
____ Sauce, Tomato
____ Snacks _____
____ Snacks _____
____ Soup, Canned _____
____ Soup, Mix _____
____ Spice _____
____ Sugar, Brown
____ Sugar, White
____ Syrup
____ Vegetables, Canned
____ _____
____ _____

MEAT

____ Bacon
____ Chicken
____ Fish
____ Ground Beef
____ Ground Turkey/Chicken
____ Ham
____ Hot Dogs
____ Lamb
____ Pork
____ Ribs
____ Sausage
____ Seafood
____ Steak
____ Turkey
____ _____
____ _____

FRUIT

____ Apples
____ Bananas
____ Cantaloupe
____ Cherries
____ Grapefruit
____ Grapes
____ Lemons
____ Limes
____ Oranges
____ Peaches
____ Pears
____ Pineapple
____ Prunes
____ Raisins
____ Strawberries
____ Watermelon
____ _____
____ _____

VEGETABLES

____ Asparagus
____ Avocados
____ Beans
____ Beets
____ Bell Peppers
____ Broccoli
____ Brussel Sprouts
____ Cabbage
____ Carrots
____ Cauliflower
____ Celery
____ Corn
____ Cucumbers
____ Garlic
____ Lettuce
____ Mushrooms
____ Onions
____ Peas
____ Potatoes
____ Spinach
____ Squash
____ Tomatoes
____ _____
____ _____

PET CARE

____ Cat Food
____ Dog Food
____ Pet Shampoo
____ Training Pads
____ Treats
____ Toys
____ _____
____ _____

FROZEN FOODS

____ Breakfast _____
____ Breakfast _____
____ Chicken Nuggets/Wings
____ Dessert _____
____ Dinner _____
____ Dinner _____
____ Fruit _____
____ Ice
____ Ice Cream _____
____ Juice Bars
____ Pastries
____ Pie _____
____ Pizza
____ Potatoes _____
____ Veggies _____
____ _____

PAPER & CLEANING SUPPLIES

____ Aluminum Foil
____ Cleaner _____
____ Dishwashing Liquid
____ Fabric Softener
____ Laundry Detergent
____ Napkins
____ Paper Plates / Cups
____ Paper Towels
____ Storage Bags
____ Tissue, Facial
____ Tissue, Toilet
____ Trash Bags
____ Waxed Paper
____ _____

PERSONAL CARE

____ Conditioner
____ Deodorant
____ Feminine _____
____ Lotion
____ Shampoo
____ Soap, Body
____ Soap, Hand
____ Toothpaste

MISCELLANEOUS

____ _____
____ _____
____ _____
____ _____
____ _____
____ _____
____ _____
____ _____

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